

diffuser recipes

- refresh* 3 STRESS AWAY + 2 LEMON
- immunity* 4 THIEVES + 2 FRANKINCENSE
- wake up* 3 LEMON + 2 PEPPERMINT
- sweet dreamy* 3 FRANKINCENSE + 2 LAVENDER
- chill out* 2 VALOR + 2 FRANKINCENSE
- breathe* 4 RAVEN + 2 PEPPERMINT
- unwind* 3 PEACE & CALMING + 2 LAVENDER
- seasonal* 2 LAVENDER + 2 PEPPERMINT + 2 LEMON
- fresh & clean* 3 CITRUS FRESH + 2 THIEVES

